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MENTAL HEALTH AND DEVELOPMENTAL SERVICES

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November 14, 2011

FASD Forum

ACCESSING SERVICES Within Guelph-Wellington County

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FASD: Guelph-Wellington

- When a child is referred to the Fetal Alcohol Spectrum Disorder (FASD) team for an assessment they must be living in the Guelph-Wellington county, between the ages of 3 to 18 years, and there is confirmation of prenatal exposure to alcohol.
- An FASD assessment is recommended when a child's behavioural, mental health and/or developmental concerns are extremely complex, and a diagnosis is needed to inform, and coordinate treatment planning.

Accessing Services

Developmental Services

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Developmental Services (3-6years)

All referrals for a FASD assessment are directed through Growing Great Kids System of Care.

1-800-265-7293

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Developmental Services (3-6 years)

Infant and Child Development Program (ICD)

ICD Consultants help support parents and the development of infants and young children. Including children at risk, known diagnosis, born prematurely, early trauma, and/or presenting with developmental concerns.

Staff specialize in education, prevention, early identification and early intervention. Services are home based.

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Developmental Services (3-6years)

Early Childhood Resource Consultant (ECRC)

An ECRC provides consultation to license child care programs. They support children in child care centres that are presenting with difficulties in 2 developmental areas.

Staff specialize in education, prevention, early identification and early intervention in the licensed child care program.

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Developmental Services (3-6years)

Social Development Consultant (SDC)

SDConsultation is provided when a child has social, emotional, or behaviour difficulties that are affecting his/her participation in the child care program.

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Developmental Services(3-6years)

Inclusion Facilitator Funding

Behaviour Consultation

Developmental Services (3-6years)

- A ICDC, ECRC or the SDC within Trellis will complete the referral package for the FASD team.
- The ICDC, ECRC ,or SDC will also ensure that the family is accessing all appropriate services (i.e., Speech and Language Therapy, Occupational Therapy, Physiotherapy, Social Work).
- The ICDC, ECRC or SDC is also apart of the assessment process to support the child/family and help them follow through with recommendations.

Accessing Services

Children's Mental Health

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Children's Mental Health(3-6 years)

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1-800-265-7293

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Children's Mental Health(3-6years)

Infant Mental Health (IMH)

IMH worker provides support to parents/caregivers to help the social emotional health of their children, and to foster positive connections with caring adults.

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Children's Mental Health(6-18years)

All referrals for a FASD assessment are directed through Trellis Intake at

519-821-3582

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Children's Mental Health (6-18 years)

Child and Adolescent Services (C/A)

C/A worker provides support to children and families to develop their strengths and coping mechanisms, promote positive social-emotional development, foster positive connections with caring adults, and connect with opportunities and resources in the community that will enhance growth and learning.

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Children's Mental Health (3-18 years)

When a referral is made for a FAS assessment a child is given a Preliminary Assessment that is completed by a IMH or C/A worker to determine appropriateness for the referral to the team.

While waiting for an assessment the C/A worker will provide treatment, link to services and connect with the school (when appropriate).

The C/A worker is also apart of the assessment process to support the child/family and help the family follow through with the recommendations.

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Children's Mental Health(3-18 years)

Intensive Case Management:

To provide long term intensive support coordination for children with severe and complex mental health diagnosis.

Outreach:

Meeting youth with complex mental health needs in the community, engaging them in treatment and resource coordination.

Youth Justice:

To provide counseling services to youth with mental health concerns who are involved with the Youth Justice system.

Gateway Classroom Section 23

Crisis Services

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Children's Mental Health(3-18 years)

Group Therapy:

- Animal assisted therapy: Civil K9 & Equine Therapy
- Expressive art groups
- Regulation groups
- Psychodynamic drama group
- 'True You' group
- Cognitive Behaviour Therapy Group
- Drumming

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Children's Mental Health(3-18 years)

Groups:

- Get Real
- Parents for Children's Mental Health Support Group
- Grandparent Group
- Parenting Groups
- Connect Parent Group
- Circle of Security

Developmental and Mental Health Services (3-18 years)

Specialized Assessments:

- Autism Spectrum Disorders diagnostic team
- Psychological Assessments (Developmental Disability and for Mental Health)
- Preschool Development Assessments
- Developmental Pediatrics Assessment
- Psychiatry
- Pediatric Crisis Assessment
- ABA Services

Coming Soon: Complex Mental Health Team *and* Relational Assessment Team

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Accessing Children for Possible FASD

- Our inter-professional team works collaboratively to provide comprehensive assessments, diagnosis and planning;
- We use the Canadian Guidelines;
- The growth/physical features alone are not sufficient;
- We focus of function for specific areas.

Planning

Following the assessment our team meets to share assessment results, observations, formulate diagnosis, and determine appropriate recommendations.

Accessing Services

Accessing services is based on individual needs. Unfortunately, a FAS/Partial FAS/ARND diagnosis alone does not open the door to any specific services or supports. Our team uses the Assessments (psychology, OT, SLP) to determine the services that are appropriate to the individual's needs.

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Accessing Services

They may include:

- Specific interventions per speciality;
- Referral to access community services (i.e., Access Information and Referral-AIR, Learning Disabilities support group);
- Referral for financial support (i.e., disability tax benefit, Assistance for Children with Severe Disabilities, Easter Seals), Respite/SSAH;
- Prioritise and sequence planning (Trellis worker is available to support family through process);
- Referral for further medical investigations (i.e., blood testing, genetics, MRI, x-rays);
- Education.

Resources

- www.fasworld.com
- SCREAMS intervention strategies
<http://come-over.to/FAS/screams>
- FAS Teen www.fasteen.com
- Strategies not Solutions Booklet

Guelph-Wellington FASD Support Groups

avagh@rogers.com

shiona.watson@cogeco.ca

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Guelph-Wellington Action Group

- FASD Resource Booklet
- FASD book mark
- Information line **519-821-8089 ext. 565**
- Website www.gwfasdaction.ca
- Education

Coming Soon: FASD Resource Binder

Questions

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