

# FASD Forum Program

- 7:30 AM Doors open for Networking & Continental Breakfast
- 8:30 AM Welcome and opening context and Introduction of Guests  
Master of Ceremonies: John Lord
- 9:00 AM **Cause it's Not My Fault** (keynote)  
Allan Mountford
- 10:15 AM Coffee break
- 10:30 AM **I'm Just being me...**  
Interventions and supports for students at school (and their families)  
Mary Cunningham
- 11:30 AM **Understanding the Sensory World Around You**  
Janet Carioni/Lori Hill
- 12:20 PM Lunch Break
- 1:00 PM **Sleep Study**  
Janet Carioni, Karen Huber,  
Dr. Louise Scott, Wilma Veenhof
- 2:15 PM **Accessing Services ROW & G-W**  
Pam Brown, Karen Huber
- 2:45 PM Popcorn & Stretch Break
- 3:00 PM **Parent Voices** (panel)  
Mary Cunningham, moderator
- 4:15 PM Closing Remarks and Adjournment

*Adjourned by 4:30*

# Fetal Alcohol Spectrum Disorder Forum

## Monday, November 14, 2011

NO SAFE TIME.  
NO SAFE AMOUNT.  
NO SAFE KIND.

This community forum has been planned in consultation with the FASD Diagnostic & Steering Committees of Waterloo Region and Wellington County.

This is KidsAbility's third series of inter-professional community-wide education forums. Through good information and knowledge sharing, we can help build community capacity to support all our children with special needs.

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**John Lord** is a leader in the research and implementation of the new paradigm of disability and community. John founded the Centre for Community Based Research in Kitchener, has published dozens of articles and several books on research-inspired social innovation and community change including Pathways to Inclusion; Building a New Story with People and Communities. His most recent book Friends and Inclusion: Five Approaches to Building Relationships was written with his daughter and his wife. John is a founding partner of the Facilitation Leadership Group (a training, coaching, consulting enterprise), and actively supports communities and organizations to embrace the values, principles, and strategies required to facilitate a New Story for Canadians with disabilities. John lives in Waterloo with his family and has lived experience with FASD and other disabilities.

**Allan Mountford**, B.A., B.P.E., B.Ed., M.Ed. (Madwewe Ghiizhig) works with the Durham District School Board in a Section 23 program for aggressive adolescents, and is the president of the Board of Directors of Chimo Youth & Family Services. Many of his students have been affected by prenatal alcohol exposure, prompting him to review his attitude toward, and methods of teaching them. He has been a member of the Durham Fetal Alcohol Syndrome Task Force, FASWorld Canada, and several Federal and Provincial FASD committees with Health Canada and HRDC. Allan works with School Boards and First Nations communities across Canada to discover FASD solutions. He is the author of two handbooks for educators and a CD-ROM for judges, crown attorneys and defence counsels. Allan has won awards from the Council for Exceptional Children and Ontario Association for Students at Risk for his work in the area of prenatal alcohol exposure. He follows the teachings of his Anishnaubek (Ojibwe) heritage.

**Mary K. Cunningham** P.H.Ec. B.Ed., FASD Educator and Advocate, worked for 30 years as a secondary school teacher and department head. She has been an educational consultant for the Toronto District School Board, developed the new Ontario curriculum, co-authored Parenting in Canada (Thomson-Nelson, 2003) and held executive positions on two provincial professional organizations. Mary became aware of FASD in the 1990's and learned much of what she now knows through the privilege of parenting a child with Fetal Alcohol Spectrum Disorder. Mary's current focus is supporting caregivers of people with FASD, and developing supports and interventions for those with FASD. Mary has published articles on Success for Students with FASD and the welfare of people with FASD in the justice system; she is a volunteer with the John Howard Society. Mary co-founded The Ontario Coalition for Mandatory Parenting Education (OCMPE), she belongs to the Intervention and Support Group for FASD ONE (Fetal Alcohol Spectrum Disorder Ontario Network of Excellence) and sits on the FASD Network group for Wellington & Dufferin.

**Lori Hill**, M.Sc., OT Reg. (Ont.) has been an Occupational Therapist at KidsAbility Centre for Child Development for the past 14 years. Lori is into her second year as a member of the Waterloo Region FASD Diagnostic team.

FASD is like an iceberg; most of the problem is hidden from view



Don't try harder with people who have FASD.

### **Dr. Louise Scott,**

with a strong background in neurosciences, developed an interest in FASD over 30 years ago. She is licensed as a Paediatric Neuropsychologist and works part time at Grand River Hospital and in private practice in Paris, Ontario. More recently, she included sleep inventories into her practice due to the increasing literature regarding the connection between sleep effects and attentional, emotional, and executive control systems. She has presented many talks and workshops locally and internationally on Paediatric Brain Injury and especially FASD while continuing to be part of a research team at CANCHILD on children's recovery from brain injury. She has provided training to the Peel FASD Diagnostic Team and a variety of professionals in FASD diagnosis elsewhere in Canada and in Britain. Dr. Scott serves on the Waterloo Region FASD Diagnostic team and has been asked to be part of several other teams/clinics including the arctic.



**Janet Carioni**, M.Sc., OT Reg. (Ont.) has spent the past five years as an Occupational Therapist at KidsAbility Centre for Child Development. Janet started her OT career seven years ago working with adults who had mental health disorders. Janet joined the Waterloo Region FASD Diagnostic team in September 2008.

**Karen Huber** has been a Child and Youth Counsellor with Lutherwood for the last 15 years, working with children and youth with mental health issues. For the past two years she has coordinated the Waterloo Region FASD Diagnostic Clinic and has supported families through the diagnostic process.

**Pam Brown** has held a number of roles in her 21 years at Trellis Mental Health and Developmental Services, and is currently the Clinical Coordinator for Specialty Assessments within Children Services. In this role, Pam also coordinates the FASD diagnostic team Guelph-Wellington and sits on the Guelph-Wellington Action Group.

**Wilma Veenhoff** M.A., C. Psych. Associate (Supervised Practise) in both Clinical Psychology and Clinical Neuropsychology, has been practicing for eight years and currently works in Preschool Diagnostic and Treatment Services at Grand River Hospital. Wilma is a member of the Waterloo Region FASD Diagnostic Team and has a wonderful adopted nephew with a diagnosis on the Fetal Alcohol Spectrum of Disorders.

## Learning Objectives

Participants will expand their knowledge of:

- how the spectrum of brain damage typical with FASD presents in school
- understand that real success at school builds the foundation for a supported future
- learn to make the “paradigm shifts” necessary to meet individual student needs
- an intro to sensory processing and how it might affect children with FASD
- the importance of assessing sleep quality during the diagnostic process
- disruptions to sleep that occur in children and adolescents with FASD
- accessing services
- a parents journey