



## SCHOOL CHECKLIST FOR PARENTS

D = Dependent  
I = Independent

ACTIVITY	D	I	ASSISTANCE	EQUIPMENT
<b>ACCESSIBILITY</b> - stairs - ramps - use of railings - opening doors - push - pull - turn handles - levers - off campus activities				
<b>TRANSPORTATION</b> - walking - endurance for walking (walks to school) - wheelchair - bussing - see Transportation Checklist - car - in - out				
<b>OUTDOOR PLAY</b> - asphalt / concrete - rough ground - grass - gravel - sand - curbs - hills - weather conditions - snow - ice - rain - playground equipment - climbing - swinging - crawling				

<p><b>COMMUNICATION</b></p> <ul style="list-style-type: none"> <li>- vision</li> <li>- hearing</li> <li>- speech</li> <li>- ability to indicate need <ul style="list-style-type: none"> <li>- toileting</li> <li>- discomfort</li> <li>- requesting materials</li> <li>- requesting assistance</li> </ul> </li> <li>- indicate desire to respond</li> <li>- ability to understand <ul style="list-style-type: none"> <li>- verbal</li> <li>- non-verbal</li> </ul> </li> </ul>				
<p><b>SELF-HELP</b></p> <ul style="list-style-type: none"> <li>- manage indoor clothing <ul style="list-style-type: none"> <li>- shoes</li> <li>- clothing adjustments</li> <li>- gym clothing</li> <li>- dress-up centre</li> </ul> </li> <li>- manage outdoor clothing <ul style="list-style-type: none"> <li>- coat</li> <li>- fasteners</li> <li>- snowpants</li> <li>- boots</li> <li>- mitts</li> <li>- hat</li> <li>- coat hook</li> </ul> </li> <li>- snack <ul style="list-style-type: none"> <li>- containers <ul style="list-style-type: none"> <li>- drink</li> <li>- food</li> </ul> </li> </ul> </li> <li>- hygiene <ul style="list-style-type: none"> <li>- hand washing</li> <li>- nose blowing/wiping</li> <li>- toileting</li> </ul> </li> <li>- organizational skills</li> </ul>				
<p><b>MOTOR SKILLS - GROSS</b></p> <ul style="list-style-type: none"> <li>- mobility</li> <li>- sit</li> <li>- stand</li> <li>- walk</li> <li>- run</li> <li>- stand on one foot</li> <li>- hop</li> </ul>				

<ul style="list-style-type: none"> <li>- jump</li> <li>- climb</li> <li>- ball skills <ul style="list-style-type: none"> <li>- throw</li> <li>- kick</li> <li>- catch</li> </ul> </li> <li>- ride tricycle</li> <li>- ride bicycle (training wheels)</li> </ul>				
<p><b>MOTOR SKILLS - FINE</b></p> <ul style="list-style-type: none"> <li>- use of crayons, pencil</li> <li>- print first name</li> <li>- use of markers, paint brush</li> <li>- scissors</li> <li>- simple puzzles</li> <li>- construction materials</li> <li>- turning pages of a book</li> <li>- computer <ul style="list-style-type: none"> <li>- mouse</li> <li>- keyboard</li> </ul> </li> <li>- activity centres <ul style="list-style-type: none"> <li>- sand, water</li> </ul> </li> </ul>				

**SOCIAL / BEHAVIOUR:**

- How does your child interact with other children?

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- How does your child respond to new situations - change of routine - new people?

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- Ability to follow instructions:

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- Attention span:

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- Other helpful information:

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*Developed by:*

