

It takes a village
 KidsAbility is here to help you
 grow up ready and plan for the future!



Community Participation Opportunities

KidsAbility Activity Guide
 Arts Express/Play Who You Are
 Drum Club

Community Partners:
 Adapted Recreation Programs
 Inclusive Community Programs
 Firefly Social and Recreation Programs

Youth Discovery Services

Camp LIT
 KAYAC – KidsAbility Youth Advisory Council
 KidsAbility Young Adults Facebook Group
 Transition to Adulthood Resources and Supports

Community Partners:
 Independent Living Centres
 Adult Day Programs
 Passport
 District School Boards



Functional Supports

Occupational/Physiotherapy
 Check-up Clinic
 Specialty Clinics
 Sensory Clinic
 Goal-specific
 Block Therapy and Coaching
 Therapy Groups
 Caregiver Workshops

Community Partners:
 Private Therapy Providers
 Social Skills Groups (Firefly etc.)
 District School Boards

Fun
 Childhood is about fun and play. This is how I learn and grow. Please help me do the activities that I find the most fun.

Future
 I will grow up one day, so please find ways for me to develop and be included in my community.

Becoming a Teenager?

Starting Kindergarten?

Graduating Highschool?

Function
 I might do things differently but I can do them. How I do it is not important. Please let me try.

Friends
 Having childhood friends is important. Please give me opportunities to make friends with my peers.



Family
 They know me best and I trust them to do what's best for me. Listen to them. Talk to them. Hear them. Respect them.

Fitness
 Everyone needs to stay fit and healthy, including me. Help me find ways to keep fit.

Family Supports
 Home and Vehicle Modification
 Counselling
 Special Sibs Program
 Funding Clinic
 Find Your Passion Family Day
 Parent Mentorship
 KidsAbility Resource Centre

Participation Supports
 Community Recreation Consults
 Recreation Equipment Loan
 Swim Clinic
 Community Swim Prep Group
 iCan Bike
 Bike Clinic
 PD Day Programs
 Dreaming of Summer Camp
 Information Workshop and Fair

Community Partners:
 Municipal Recreation Supports
 Easter Seals
 Barrier Free Advisory Committees

Community Partners:
 Autism Supports
 Diagnosis Specific Supports
 Waterloo Region Family Network
 Special Services at Home
 Developmental Supports
 Service Coordination

Based on Rosenbaum, P. & Gorter, J.W (2012), The 'F-words' in childhood disability: I swear this is how we should think!
 Child: Care, Health and Development, (38) 4. Visit tinyurl.com/y5usujr6 for more resources.
 Timetable for Growing up Ready, Holland Bloorview Kids Rehabilitation Hospital