

Therapeutic Recreation: Accessing Inclusion Support for Community Recreation

Your municipality offers a variety of recreation opportunities such as swimming, sports, arts and crafts, and more. You can browse options on the city's recreation portals:

[ActiveNet Kitchener](#)

[ActiveNet Waterloo](#)

[RecEnroll Guelph](#)

[Cambridge CORAL](#)

What is inclusion support?

Inclusion support is provided by paid staff and is available at no extra cost. Inclusion staff receive general training on program adaptations, behaviour management and basic personal care; however typically do not have professional qualifications in this field

An inclusion facilitator will work with your family to provide the most appropriate support in the form of:

- program adaptations
- 1:1 support
- other means of assistance

[City of Kitchener Inclusion](#)

Contact: [Email](#) or 519-741-2200 ext. 7229

Steps to accessing support :

1. [Apply for Inclusion Membership](#)
2. Register for program [ActiveNet Kitchener](#)
3. Call [519-741-2200, ext. 7229](#). To request support in your registered program

[City of Waterloo Support Services](#)

Contact: [Email](#) or 519-741-2200 ext. 7229

Steps to accessing support :

1. Complete an inclusion membership application. This is required before you can register for program support. [Apply for Inclusion Membership](#) here or by phone at 519-741-2200 x 7229, TTY 1-866-969-9944.
2. Register for inclusion support using [ActiveNet Waterloo](#). Select the inclusion program that matches your desired program.
3. Once registered for support, register for your desired program.

[Guelph Inclusion Services](#)

Contact: [Email](#) or 519-822-1260 extension 2701

- Support must be requested at least 2 weeks prior to the program start date

To register for inclusion support for seasonal programs:

1. login to [recenroll.ca](#) to register for your program of choice
2. Then Navigate to the Inclusion section and select '[Seasonal Program Support](#)'
3. You will be required to complete an online [Inclusion Intake Form](#). If you would prefer to complete a PDF version please contact inclusive.recreation@guelph.ca.

[Cambridge Support and Accommodations](#)

Contact: [Email](#)

To register for inclusion support:

1. **Create an Inclusion Portfolio**
 - a. Before registering for an integrated or adapted program, please fill out our [Participant Information Form](#).
 - b. After your information is reviewed by our team, we will add an inclusion membership to the applicant's CORAL account.
2. **Register for your Desired Program [Cambridge CORAL](#)**
 - a. Select "Yes, additional inclusion support is required"

Have a recreation question or need more support?

Email us (rectherapy@kidsability.ca) with your specific questions.

Every effort is made to ensure that this information is accurate. If you notice information that is incorrect or if we have missed any community recreation options please [email](#) us.